ivolve
Care & Support

Sovereign House





Supported Living Home in Hertfordshire

Welcome to Sovereign House

A lively male-only supported living home in the heart of St Albans, where friendships grow, individuality is celebrated and every day offers opportunities to build confidence and independence.

At Sovereign House, you have space to feel understood, find your feet and enjoy the moments that make a house a home.

Set across two floors, this spacious home offers 7 bedrooms with a private toilet and sink, alongside shared bathrooms, a comfortable lounge and modern kitchen where people can spend time together.

There's room for fun too, with a games room for friendly competitions and a large garden perfect for summer barbecues, relaxing and making memories.

Our experienced colleagues provide compassionate, personalised support for men with autism, schizophrenia and other complex mental health needs ina community setting.

Guided by our Strive model, specialist in-house Positive Behaviour Support (PBS), multidisciplinary collaboration and trauma-informed approach, we help people build confidence, develop their everyday skills and enjoy greater independence, always at their own pace.

This is ideal for...

- Men with autism, schizophrenia or complex mental health needs.
- Someone who enjoys being around people and feels comfortable sharing communal spaces.
- A person who needs consistent routines and specialist support.
- Someone that wants to build their independence in the community.
- An individual who values privacy with friendships and connection.

Spaces to Connect & Unwind

A **dedicated games room** and **spacious garden** offer opportunities for fun, shared activities or **relaxing together.**

Take a look around:









Location, location, location

Key things about the local area:

- A short walk from local shops, cafés and everyday essentials.
- Nearby Highfield Park offers green spaces, walking routes and opportunities to enjoy nature
- Regular bus services close by make exploring St Albans convenient.
- St Albans city centre is close too, offering markets, restaurants, shops and attractions, including the St Albans Cathedral.
- St Albans City railway station is 2 km away, offering direct connections to London and surrounding towns.

53 Hill End Lane, St Albans, Hertfordshire, AL4 0UA

Supporting people to flourish in a place they call home

At ivolve, we do more than meet people's needs - we help them thrive. That's why we created Strive: our unique model of care, designed to support active, fulfilling lives.

Strive is how we turn good care into great lives. It's the ivolve way - proactive, positive and co-produced. But what does that look like? It's different for everyone - but it's always rooted in confidence, relationships and community.

Strive Foundations:

- Active Support
- Health & Wellbeing
- Total Communication
- Capable Environments
- Trauma-Informed Practice

Scan QR to watch our Strive video!

Your journey to ivolve:

Referral
When we receive your referral we'll meet you to learn more and find a home to meet your needs.

1

Visit
If we have a suitable home for you, you or a family member will be invited to visit us.

2

Move-In
If everyone is happy and payment for your care is agreed, we'll begin planning your move-in.

3

"His life has changed, he's a different person. Thank you for making our son so happy."

Want to know more? Let's talk.

Scan the QR code to make a referral or visit **ivolve.care**

referrals@ivolve.care
01246 556453