



Garth Mountain



**Supported Living
Home in Maesteg**



Welcome to Garth Mountain

Garth Mountain is a welcoming five-bedroom supported living home for women in Maesteg, offering personalised support, beautiful mountain views and opportunities to enjoy an active, fulfilling life.

With extensive grounds overlooking the beautiful Welsh countryside, Garth Mountain offers a peaceful place to call home, with the town of Maesteg just a short distance away.

Inside, five bedrooms share a bathroom, while two comfortable lounges offer space to relax, enjoy company or quiet time.

A spacious communal kitchen and utility room encourage everyday living skills, with an enclosed garden providing plenty of room to enjoy the outdoors.

Life here is full of opportunities, from seaside adventures and gym sessions to creative afternoons, themed celebrations and community activities.

Our dedicated team provides personalised, trauma-informed support, guided by our Strive model and supported by our in-house Positive Behaviour Support (PBS) specialists.

Together, we help each person build confidence, nurture friendships and enjoy life their way.

This is ideal for...

- A woman with learning disabilities or autism seeking shared living
- Someone with neurological conditions who benefits from personalised, consistent support.
- A person who enjoys activities and community outings.
- Someone comfortable sharing communal spaces with others
- Those who like quiet surroundings to build their independence.

Room to Enjoy Life Outdoors

Beautiful **mountain views**, extensive grounds and an **enclosed garden** offer space to relax, enjoy fresh air and **enjoy peaceful quiet**.

Take a look around:



Bedroom Example



Living Room Example



Garden Example



Kitchen Example

Location, location, location

Key things about the local area:

- Surrounded by beautiful Welsh countryside, with lovely views and opportunities to enjoy nature.
- Railway station nearby, for travel into Bridgend and Cardiff.
- Maesteg town centre is close by, with supermarkets, shops and cafés.
- Local opportunities include gyms, community groups and activities that encourage wellbeing and greater independence.
- The seaside town of Porthcawl is within easy reach for coastal outings, beach visits and days out by the sea.

Llety Tirion, Garth Mountain
Road, Maesteg, CF34 0DQ



Supporting people to flourish in a place they call home

At involve, we do more than meet people's needs - we help them thrive. That's why we created Strive: our unique model of care, designed to support active, fulfilling lives.

Strive is how we turn good care into great lives. It's the involve way - proactive, positive and co-produced. But what does that look like? It's different for everyone - but it's always rooted in confidence, relationships and community.

Strive Foundations:



Active Support



Health & Wellbeing



Total Communication



Capable Environments



Trauma-Informed Practice



Scan QR to watch our Strive video!

Your journey to involve:

Referral

When we receive your referral we'll meet you to learn more and find a home to meet your needs.

1

Visit

If we have a suitable home for you, you or a family member will be invited to visit us.

2

Move-In

If everyone is happy and payment for your care is agreed, we'll begin planning your move-in.

3



Want to know more?
Let's talk.

Scan the QR code to make a referral or visit **involve.care**

"There's always something for my sister to look forward to. It's lovely seeing how much confidence she has now."

✉ referrals@involve.care

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