



Spring Road



**Supported Living
Home in Bedford**



Welcome to Spring Road

Spring Road offers 10 self-contained flats in Kempston, supporting adults with autism, learning disabilities and complex mental health needs to build confidence and independence.

Spring Road is a welcoming supported living home in Kempston, offering 10 self-contained, one-bed flats where people can enjoy the privacy of their own home with personalised support close by.

Four flats are within the main house, with a further six positioned to the rear, creating a friendly community while giving everyone their own space and independence.

Life here can be as individual or sociable as each person chooses, with

opportunities to enjoy activities together, explore the local area or simply spend time at home.

Support is shaped around each individual through our Strive model, helping people develop everyday skills and confidence.

Our colleagues are supported by specialist in-house PBS expertise, MDT input and trauma-informed approaches, helping us understand each person's experiences and adapt support as their needs change.

This is ideal for...

- Someone wanting their own flat while keeping support close by.
- A person with autism, learning disabilities or mental health needs.
- Someone who enjoys activities while also valuing personal space.
- An individual who benefits from calm relationships and clear boundaries.
- Someone looking to build confidence and independence over time.

Your own space, your way

Ten one-bed flats offer **privacy and independence**, alongside personalised support and opportunities to be part of a **welcoming community**.

Take a look around:



Bedroom Example



Living / Dining Area



Patio Example



Kitchen

Location, location, location

Key things about the local area:

- Local shops, cafés, restaurants and amenities are in walking distance
- Addison Park is nearby too, offering green spaces, a football field, a tennis court and places to relax.
- Regular bus connections into Bedford town centre and surrounding areas.
- Bedford is close, with access to shopping, leisure, healthcare and rail connections for travel.
- Local community venues, include Kempston Library and weekly market stalls, for everyday independence and connection.

104 Spring Road, Kempston,
Bedfordshire, MK42 8LR



Supporting people to flourish in a place they call home

At involve, we do more than meet people's needs - we help them thrive. That's why we created Strive: our unique model of care, designed to support active, fulfilling lives.

Strive is how we turn good care into great lives. It's the involve way - proactive, positive and co-produced. But what does that look like? It's different for everyone - but it's always rooted in confidence, relationships and community.

Strive Foundations:



Active Support



Health & Wellbeing



Total Communication



Capable Environments



Trauma-Informed Practice



Scan QR to watch our Strive video!

Your journey to involve:

Referral

When we receive your referral we'll meet you to learn more and find a home to meet your needs.

1

Visit

If we have a suitable home for you, you or a family member will be invited to visit us.

2

Move-In

If everyone is happy and payment for your care is agreed, we'll begin planning your move-in.

3



Want to know more?
Let's talk.

Scan the QR code to make a referral or visit **involve.care**

"The team made a huge effort and put measures in place so my loved one could settle back into Spring Road life."

✉ referrals@involve.care

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