



Strive Model of Support

How we help people
flourish, one day
at a time



What is Strive?

Strive is involve's unique, sector-leading model of care and support - created not from theory, but from the real lives and needs of the people we support.

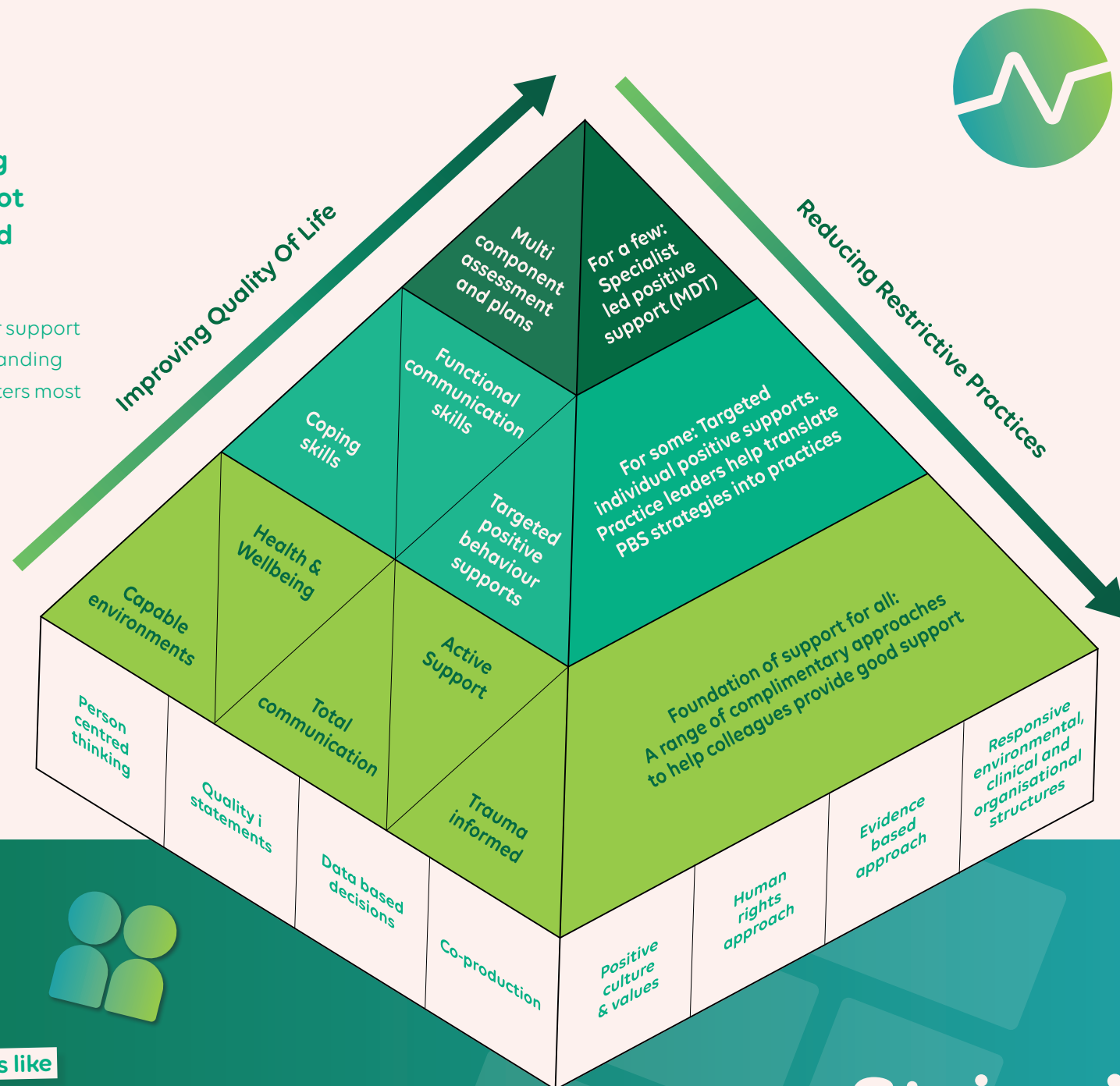
It brings together **five key foundations** that make our support proactive, not reactive. Each one is rooted in understanding the person first - their story, strengths, and what matters most to them, so they feel **safe, valued, and in control**.

These five foundations help people live busy, purposeful, and joyful lives:

-  **Active Support**
-  **Health and Wellbeing**
-  **Total Communication**
-  **Capable Environments**
-  **Trauma-Informed Practice**

Strive means we:

- ♥ **Focus on progress, not just routines**
- ♥ **Celebrate small wins**
- ♥ **Support mental health and resilience**
- ♥ **Plan for the future – whatever that looks like**
- ♥ **Keep people happy, safe and fulfilled**



Strive 

How we do it



Strive doesn't just guide what we do - it defines how we do it, and why. No other provider offers a model quite like it.

It means we support the whole person, not just their needs. It's built around seven outcomes:



1. Health

"I have good health and wellbeing."

2. Safety

"I feel safe and secure at home and in the community."

3. Choices

"I'm in control of my life, making choices with confidence."

4. Relationships

"I enjoy relationships with friends, family and loved ones."

5. Home

"I have a real home. Not just a bed or a care provider."

6. Opportunities

"I enjoy opportunities to live a flourishing life."

7. Money

"I have the right support services and money to be independent."

Strive helps us plan ahead, not just respond - it's how we turn every day into an opportunity to flourish.



**Want to know more?
Watch our Strive Video!**

Scan the QR code to watch on YouTube.

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